

## CAROTID ENDARTERECTOMY POST OPERATIVE ORDERS

Only those items  will be carried out

Page 1 of 2

1. **Admission Status:**  Inpatient  Outpatient with Observation Services  Outpatient  
**Bed Status:**  CCU  \_\_\_\_\_ Floor (ICU Step Down, Telemetry)
2. **Diagnosis:** \_\_\_\_\_
3. **Condition:** \_\_\_\_\_
4. **Vital Signs:**  Every \_\_\_\_\_ hour(s)  Every 2 hours for 8 hours, then every 4 hours
5. **IV:**  IV Fluid: \_\_\_\_\_ at \_\_\_\_\_ ml per hour until taking fluids; then KVO  Flush Algorithms  
 Low molecular weight Dextran at 15 ml per hour
6. **Diet:**  NPO  Clear liquids, advance as tolerated to \_\_\_\_\_ diet
7. **Foley catheter to gravity**
8. **Strict I & O**
9. **Keep head of bed 30 degrees or greater at all times**
10. **Activity:**  Bed rest until a.m.  Out of bed to chair three times daily  Ambulate in hall three times daily
11. **Consultation to Evaluate and Treat:**  Physical Therapy (assist with ambulation and ROM exercise)  Occupational Therapy  
 Other: \_\_\_\_\_
12. **Neuro Check every 4 hours and PRN**
13. **Portable chest x-ray:**  None  Now (in PACU)  In a.m. at 0600
14. **Labs Now (in PACU):**  BMP  CBC  \_\_\_\_\_
15. **Labs in A.M.:**  BMP  CBC  \_\_\_\_\_
16.  **Blood Glucose Checks:**  Every \_\_\_\_\_ hours(s)  Before meals and at bedtime
17. **Respiratory:**
  - O<sub>2</sub> per respiratory algorithm (keep O<sub>2</sub> saturation 92% or greater)
  - Incentive Spirometry every 4 hours while awake
  - UABD every \_\_\_\_\_ hours and prn using:  Albuterol 2.5 mg  DuoNeb 0.3 ml  
 Other: \_\_\_\_\_
  - IPPB every \_\_\_\_\_ hours using:  Albuterol 2.5 mg  DuoNeb 0.3 ml  
 Other: \_\_\_\_\_
  - Other: \_\_\_\_\_
18. **Medications:** ( See attached list;  See Medication Reconciliation Form(s) from admit)
  - Zinacef 1.5 gm IVPB every 12 hours times \_\_\_\_\_ doses
  - Colace 100 mg orally daily
  - Reglan 10 mg IV every 6 hour

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Physician Signature: X



The Medical Center of Plano

3901 West 15th Street □ Plano, Texas 75075

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18. Medications Continued: PAIN SCALE: 1 - 4 Mild 4 - 6 Moderate 7 - 10 Moderate to Severe

Sequence

- Zofran 4 mg IV every 4 - 6 hours prn nausea
- \_\_\_\_\_  Lortab 5 / 500 mg 1 to 2 tablets orally every 3 hours prn moderate to severe pain
- \_\_\_\_\_  Darvocet N-100 1 to 2 tablets orally every 3 hours prn mild to moderate pain
- Sliding Scale Electrolyte algorithms:  Potassium [*select route:*  Orally  IVPB, central access  
 IVPB, peripheral access]  Magnesium
- Insulin Subcutaneous Sliding Scale:  Tight Control Insulin Algorithm with Sliding Scale  See Custom Scale
- Tylenol 650 mg orally every 4 hours prn, for fever greater than 101 degrees Fahrenheit or mild pain
- Laxative of Choice prn constipation
- \_\_\_\_\_
- \_\_\_\_\_

**Medications to be resumed (  Resume today, or  Resume in A.M.)**

- Home medications as per Medication Reconciliation
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

19. Incision / Wound Care:  Clean with 2% Chlorhexidine and apply Bactroban ointment daily

- Maintain operative dressing until post-operative day number: \_\_\_\_\_ (unless soiled)
- Other: \_\_\_\_\_

20. DVT Prophylaxis:  Sequential Compression Devices  Foot Pumps  Other: \_\_\_\_\_

21. Education:  Smoking Cessation (if applicable)  Heart Failure (for new or existing diagnosis)

- Other: \_\_\_\_\_

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